

Core Internship Activities:

▶ **Orientation Program** (required):

Orientation to the NAAPTC Internship Program, RAMS Outpatient and Rotation Clinical Work and the San Francisco Community Mental Health System. Three Weeks in the beginning of the year.

▶ **Clinical Work at the RAMS Outpatient Clinics** (required):

Individual, group, family and dyadic psychotherapy with adult and child clients; clinical case management; new client intakes; initial/ongoing clinical assessment and treatment plan development; clinical documentation, charting and billing; multidisciplinary team work. Ten outpatient therapy hours and one hour of new clinical intakes per week; non-direct casework and charting/paperwork as required, two hours per week on average.

▶ **Clinical Rotation Training** (required):

Clinical work, supervision, teamwork and in-service training at two successive external clinical rotations chosen from four options that represent different levels of mental health treatment and prevention. Eight hours per week; different schedule at different rotations.

▶ **Clinical Supervision** (required):

Two hours per week of individual supervision on outpatient therapy cases (one hour with the Director of Training/Primary Supervisor and one hour with a staff Delegated Supervisor); one hour of group supervision with an external Delegated Supervisor on outpatient therapy cases; weekly one-hour-long group supervision/seminar on assessment cases, one hour of individual supervision on assessment cases every three weeks with the Assessment Supervisor and, an hour-long meeting with the Assessment TA (on the weeks interns are not meeting individually with the Assessment Supervisor); one hour of group supervision with the Director of Training on Cultural Competency Projects; one hour of group supervision/ Professional Issues Seminar with the Director of Training Seminar/ Group Supervision (last two months of the training year, after interns finish their work on Cultural Competency Projects) to process various aspects internship experience and professional development within the framework of legal, ethical and professional standards; weekly individual/group supervision at rotation sites (formats differ at different rotations); choice of one or both elective one-hour-long weekly supervision groups: Relational Work with Children and Families and Psychodynamic Conceptualization of Therapy with Severely Mentally Ill Adults.

▶ **Staff and Team Meetings**¹ (required):

Monthly one-hour-long Training Group Meeting with the Director of Training (includes practicum trainees) and All RAMS Meeting with the RAMS CEO and representatives from all RAMS programs; weekly multidisciplinary team meetings at Rotation Sites.

¹ Optional attendance of the monthly Adult Outpatient Team and Child, Youth, & Family Team meetings.

▶ **Didactic Seminars** (required):

Weekly 1.5-hour-long Tuesday Intern and Trainee Seminar (includes practicum trainees); weekly 1.5-hour-long Wednesday Psychotherapy In-Service Seminar (includes practicum trainees and clinical staff); weekly one-hour long Assessment Seminar/Group Supervision; regular in-service trainings at rotation sites (different formats at different rotations); All RAMS Training Series (format varies, including half-day or full-day events; scheduled throughout the year, six on average).

▶ **Clinical Case Conferences** (required):

Monthly ninety-minute-long Adult Clinical Case Conference and monthly ninety-minute-long Child Clinical Case Conference at the outpatient clinic (includes practicum trainees and clinical staff from multiple programs); case conferences at rotation sites (different formats at different rotations); weekly ninety-minute-long Intern and Trainee Clinical Case Conference (four month in the second part of the year)

▶ **Peer Supervision** (expected and encouraged):

Predoctoral interns are expected to hone their proto-supervisory and consultation skills by providing feedback, guidance and advisement to psychology practicum trainees and masters-level interns. The Intern and Trainee Clinical Case Conference provides the formal setting for this practice. As the case conference progresses, interns are expected to take on more leadership (under the guidance from the Director of Training) and, during the second half of the case conference series, they are encouraged to independently facilitate one case conference session each.

Additionally, each intern will provide peer supervision to a paraprofessional (BA-level) staff counselor and receive group “supervision on supervision” support for this work.

▶ **Interns Projects/Presentation of Professional Work** (required):

- **one individual Cultural Competency Project**, including written treatise and an in-service oral presentation to an audience of fellow interns, practicum trainees and clinical staff from multiple RAMS programs
- **three formal Clinical Case Presentations**, including full comprehensive written case formulation; an hour of detailed process notes; oral presentation; and participation in group discussion; a child or adult case is presented to the audience of peers at the Intern and Trainee Case Conference and one adult and one child case are presented to an outside expert discussant and a large audience of clinicians at the in-service Adult and Child Clinical Case Conferences, respectively.
- **six Psychodiagnostic Assessment Reports**, including comprehensive case write-up, recommendations, and feedback to the client and referral source.

- **one Didactic Presentation** to clinical or support staff of one of the RAMS programs; topic is determined by both interns' interests and area of expertise and program training needs