

**RAMS** is offering a  
“Leadership Academy”  
training series  
designed to support  
and educate peers who  
provide services in the  
behavioral health field.



**Participate in a 3 hour  
Interactive Training for  
Peer Providers.**

**Learn About the Principles  
of Harm Reduction and  
Explore Ways to Practice  
Harm Reduction with  
Clients!**

**APRIL 27, 2018  
FRIDAY \* 9AM-12PM  
SFSU Downtown Campus  
835 Market Street  
Room 619, 6<sup>th</sup> Floor**

**Light breakfast &  
refreshments provided.**

## **LEADERSHIP ACADEMY**

### **TOPIC: PRINCIPLES OF HARM REDUCTION**

**About the Workshop:** Are you interested in learning more about a social justice and public health movement that empowers individuals to determine the changes they want to make in their lives, and to prioritize what is most important? Please join us for this dynamic training, where participants will learn about the principles of harm reduction, as well as explore how to use this approach to enhance our capacity to provide compassionate, strengths-based, person-centered care and support. Harm Reduction is a set of practical strategies and ideas aimed at lessening the negative social and/or physical consequences associated with various human behaviors, and can be a catalyst for meaningful growth when utilized within the peer counseling relationship. Participants will engage in dialogue and participatory activities to bring these ideas to life, and will also have the opportunity to practice applying these principles when working with clients and in the community.

**About the Presenter:** Jamie Lavender is an instructor in the CCSF Health Education Department and teaches in several certificate programs. He is also a licensed Marriage and Family Therapist who started by working as an HIV Test Counselor at Glide Health Services, and has been working in community mental health ever since. Jamie spent ten years at the Center for Harm Reduction Therapy as a staff psychotherapist and Community Program Coordinator. Working at CHRT, he engaged in individual and group psychotherapy with people with unresolved substance use issues and provided training and clinical consultation for staff at a variety of community-based organizations. He has also worked with children and families in schools and family service agencies, with adults navigating the criminal justice system at a jail diversion program, and with opiate users accessing opiate replacement treatment. With a background in social justice, transpersonal/integral and somatic psychology, music, and hospice spiritual care, he incorporates dreamwork, drumming, activism, and ritual in personal and professional practice.

**Please RSVP (now required 😊), as space is limited!**

**RSVP to Katy Thomas: (415) 579-3021 Ext. 120 / [certificate@ramsinc.org](mailto:certificate@ramsinc.org)**