

**RAMS** is offering a “Leadership Academy” training series, designed to support and educate peers who provide services in the behavioral health field.



Participate in a 4 hour  
Interactive Training for  
Peer Providers.

Learn About: Building  
Resiliency through Effective  
Management of Vicarious  
Trauma and Secondary  
Traumatic Stress

**SEPTEMBER 29, 2017**  
**FRIDAY \* 9AM-1PM**  
SFSU Downtown Campus  
835 Market Street  
Room 626, 6<sup>th</sup> Floor

Breakfast &  
refreshments provided.

**LEADERSHIP ACADEMY**  
**TOPIC: BUILDING RESILIENCY -**  
**VICARIOUS TRAUMA & SELF-CARE**

**About the Workshop:** Do you work with adults, youth, and/or families affected by trauma? Do you sometimes feel as though your work is affecting your psychological, physical and/or spiritual well-being? Working with people who have been hurt, and feeling committed or responsible to help, increases the risk of vicarious trauma and secondary traumatic stress.

Please join us for this engaging workshop where you will enhance your understanding of vicarious trauma and secondary traumatic stress, while learning practical, effective self-care tools to build counselor resilience, and maintain (and even increase!) our capacity to inspire hope through our work. Material will be presented in a culturally responsive manner, with many opportunities for peers to learn from one another through conversation and experiential activities.

**About the Presenter:** Nicky MacCallum is Youth ALIVE! Clinical Director. She seeks to provide a safe and supportive presence for staff, who she both counsels and helps develop self-care plans, as part of a trauma-informed approach to violence intervention and case-management. Nicky has been providing quality psychological services to children, adolescents, transition-age youth and their families for more than 25 years. She is a licensed Marriage and Family Therapist, nationally certified counselor, and conducts trainings on trauma-informed practices and vicarious trauma both locally and nationally. Nicky also has experience collaborating with victims of crime services, community mental health, residential services, and hospital based programs.

**Please RSVP (now required ☺), as space is limited!**

**RSVP to Katy Thomas: (415) 579-3021 Ext. 120 / [certificate@ramsinc.org](mailto:certificate@ramsinc.org)**