

Asian Pacific American Mental Health:
Knowing Our Roots and Growing Beyond
May 10, 2011
REGISTRATION FORM

Name: _____
Agency: _____
Address: _____
City, State,
& Zip Code: _____
Phone: _____
Email: _____
Discipline: _____
License # _____ CE credit: Yes
Select Vegetarian Non-vegetarian None
Meal: \$10 \$10

PAYMENT INFORMATION
Training is FREE. CE credit \$20/\$10.* Meal \$10.
Last day to order & pay for meal: **May 6**
If no meal ordered, ok to pay at door.
Method of MasterCard Visa
Payment: Check (encl, payable to RAMS) Cash
Card # _____
Exp Date _____ 3 or 4 digit security code _____
Cardholder _____
Billing Address _____
Signature _____

ONLINE REGISTRATION: www.ramsinc.org/register
Online Registrants must pay by credit card.
If sending in Registration (and Payment, if any):
Attn: Ocean Sun Fax: (415) 751-7336
Mail: 3626 Balboa St, San Francisco, CA 94121
* CE Credits (7.0): \$20 for Psychologists;
\$10 for LCSW, MFT, RN, NP, CAADAC

In Honor of
Asian Pacific American Mental Health Day



is pleased to present a one-day seminar

**Asian Pacific American
Mental Health:
Knowing Our Roots and Growing Beyond**



Featured Presenters:
Alvin N. Alvarez, PhD
Jean Lau Chin, PhD, ABPP
DJ Ida, PhD
Stanley Sue, PhD

Facilitator:
Kavoos G. Bassiri, LMFT, CGP

Presenters are recognized leaders, trailblazers, and legends in the field:

Alvin N. Alvarez, PhD is a Professor at Dept. of Counseling, SF State University and Past President of the Asian American Psychological Association (AAPA). His areas of focus are Asian Americans, racial identity, psychological impact of racism, and interventions for coping with racism. Dr. Alvarez has received awards from the American Psychological Association and the AAPA.

Jean Lau Chin, PhD, ABPP is a Professor at Adelphi University (NY). A pioneer in the field, she was amongst the first Asian American licensed psychologists, first psychologist to run the mental health clinic & community health center in Massachusetts, and the first Asian dean at two universities. Dr. Chin has extensive publications of books and journal articles.

DJ Ida, PhD is the Executive Director of the National Asian American Pacific Islander Mental Health Association. Dr. Ida is actively involved in organizational development, curriculum development, serves on multiple national and federal committees & boards, and contributed towards national reports on mental health and culture; she has numerous publications.

Stanley Sue, PhD is Professor of Psychology and Director of the Center for Excellence in Diversity at Palo Alto University. A legend in the field, Dr. Sue's work documented the difficulties that Asian Americans and other ethnic minority groups experience in receiving adequate mental health services and offered directions for providing culturally-appropriate treatment. He has received numerous awards for his research, including honors from the American Psychological Association and CA Psychological Association.

Facilitator:

Kavoos G. Bassiri, LMFT, CGP is the President & CEO of RAMS, Inc. and an Assistant Clinical Professor at UCSF Department of Psychiatry.

State Building, Milton Marks Auditorium
455 Golden Gate Ave, San Francisco

May 10, 2011
From 9:00am to 5:00pm (Registration 8:30am)
Arrive early to allow adequate time for security checkpoints

Asian Pacific American Mental Health: Knowing Our Roots and Growing Beyond

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Approximately 25% of Americans experience and are diagnosed with a mental health condition in a given year, impacting all communities of race and ethnicity, age, socio-economic status, and gender. As Asian Pacific American communities are among the fastest growing and most diverse racial group in the United States, it is critical that service providers have the understanding of the historical, cultural, and clinical implications in serving this community.

Through a didactic seminar and discussion, this presentation takes a look at Asian Pacific Americans and the field of Mental Health from perspectives of historical, current, and upcoming trends in the context of: Cultural Competency and Humility; Social Justice and Advocacy; Policy and Systems-of-Care; Research and Development of Effective Treatment Strategies; and Diversity and Leadership.



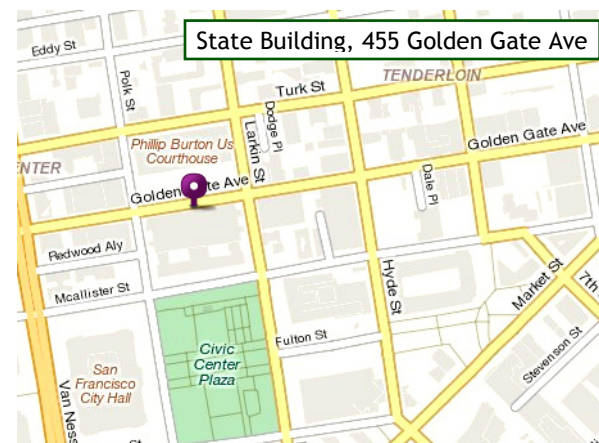
Presenters are recognized leaders, trailblazers, and legends in the field of Mental Health and working with Asian Pacific Americans. They have made significant contributions towards the establishment, shaping, and advancement of the field.

Course Objectives:

1. Gain knowledge of the historical and current policies, trends, and efforts towards improving the system-of-care in providing mental health services to Asian Pacific Americans
2. Gain knowledge of the past 40 years of research findings on mental disorders among Asian Pacific Americans
3. Gain insight into the persistent issues in delivering mental health services to Asian Pacific Americans
4. Identify strategies for improving the mental health of Asian Pacific Americans
5. Enhance understanding of the intersection of diversity and leadership

This training is offered to the community, through a collaboration of RAMS and Harm Reduction Therapy Center (HRTC). HRTC has been engaged by SF Community Behavioral Health Services (CBHS) to deliver a series of trainings in San Francisco on the topic of Cultural Sensitivity.

Funded by Mental Health Services Act (MHSA), the project's goal is to deliver 16 trainings aimed to improve CBHS workforce's understanding of the cultural & linguistic issues and needs that affect recovery and resiliency, and improve access to mental health services, for the following ethnic and cultural groups: African Americans; Latinos/as; Asians and Pacific Islanders; Native Americans; Russians; Lesbian, Gay, Bisexual, Transgender, Queer, Intersex and Questioning (LGBTQIQ) consumers; Transitional Age Youth; and Older Adults. These trainings are from April 2010 to June 2011.



Asian Pacific American Mental Health Day

May 10th

The State of California and the City & County of San Francisco has declared May 10th as "Asian Pacific American Mental Health Day", in recognition of the importance of raising awareness about mental health in the Asian Pacific American community.

Starting 2010, and each year thereafter, the establishment of Asian Pacific American Mental Health Day was an effort spearheaded by RAMS along with California State Senator Leland Y. Yee, Ph.D. and SF Board of Supervisor (District 1) Eric Mar. This was overwhelmingly supported by many major associations and community coalitions.

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Founded in 1974, RAMS is a non-profit agency providing comprehensive, culturally competent services that aim to meet the behavioral health, social, vocational, and educational needs of the diverse San Francisco Area with special focus on the Asian & Pacific Islander American and Russian-speaking communities. Each year, RAMS serves over 15,000 adults, children, youth, and families, in over 30 languages in over 75 sites, citywide.

www.ramsinc.org