

RAMS is offering a
“**Leadership Academy**”
training series
designed to support
and educate peers who
provide services in the
behavioral health field.



**Participate in a 3 hour
Interactive Training for
Peer Providers.**

**Understand and Learn How
to Use Motivational
Interviewing to support
clients wishing to make
lasting change!**

**DECEMBER 1, 2017
FRIDAY * 9AM-12PM
SFSU Downtown Campus
835 Market Street
Room 619, 6th Floor**

**Light breakfast &
refreshments provided.**

LEADERSHIP ACADEMY
TOPIC: MOTIVATIONAL INTERVIEWING

About the Workshop: Do you work with clients who desire change in their life but feel stuck? Motivational Interviewing (MI) is a powerful therapeutic technique peer counselors can use with their clients to empower them to make lasting change in their lives. MI was originally developed as a treatment method for individuals struggling with substance abuse; however, it has since been applied to helping those striving for change of any kind. In this workshop, participants will learn how to use Motivational Interviewing in a goal-oriented and client-centered manner in order to assist individuals in exploring and resolving ambivalence. Participants will have the opportunity to understand the philosophy of MI as well as learn how to use MI skills in the context of the community behavioral health field. As always, our time together will provide many opportunities for dynamic discussion and interactive practice experiences!

About the Presenter: Kristin Dempsey, LMFT, LPCC, is a licensed marriage and family therapist and a member of the Motivational Interviewing Network of Trainers. She has trained thousands of peer providers, health care workers and students in MI and provides follow up coaching and policy development. Kristin specializes in applying MI to the treatment of adults, adolescents, and families with co-occurring substance use and mental health conditions. She also teaches graduate counseling at San Francisco State and Dominican University. Additionally, Kristin is a project manager for the Greater Bay Area Mental Health and Education Workforce Collaborative and a Senior Associate at California Institute for Behavioral Health Solutions.

Please RSVP (now required ☺), as space is limited!

RSVP to Katy Thomas: (415) 579-3021 Ext. 120 / certificate@ramsinc.org