

**RAMS** is offering a  
“Leadership Academy”  
training series  
designed to support  
and educate peers who  
provide services in the  
behavioral health field.



**Participate in a 3 hour  
Interactive Training for  
Peer Providers.**

**Understand and Learn  
About the Essential Skills,  
Techniques, and  
Personality Characteristics  
Needed to Successfully  
Facilitate a Group!**

**MARCH 30, 2018**

**FRIDAY \* 9AM-12PM**

**ALTERNATE LOCATION:**

**The Masonic Temple  
25 Van Ness Ave., Room 610**

**Light breakfast &  
refreshments provided.**

## **LEADERSHIP ACADEMY** **TOPIC: GROUP FACILITATION**

**About the Workshop:** Group Facilitation is an integral part of the peer counseling field. This Leadership Academy seeks to empower you to navigate the process of successfully leading a group. In this workshop we will focus on essential skills and techniques that foster effective group facilitation such as: communication strategies, de-escalation, and conflict resolution skills. Additionally, we will have the opportunity to explore the personal qualities that characterize a capable group leader including vulnerability, compassion, and courage. You will be able to engage in concrete exercises, games, and role-plays to promote experiential learning that you can apply immediately. Please join us for this lively and meaningful learning opportunity!

**About the Presenter:** Phillip Cha, LMFT, is a Clinical Case Manager/Care Coordinator at UCSF's Citywide Focus. For over 15 years, he has provided direct services to individuals and groups for people living with various mental health challenges including: schizophrenia, bipolar disorder, anxiety, depression, trauma, substance abuse, and relationship problems. In addition to providing intensive case management services, Phillip is also the Co-Director of the Intern Training Program and a Clinical Supervisor. He provides a variety of training in social work, counseling, and psychology, including guest lectures for RAMS Peer Specialist Mental Health Certificate courses. He has extensive background in group facilitation and we are excited to have him join us for his first Leadership Academy!

**Please RSVP (now required ☺), as space is limited!**

**RSVP to Katy Thomas: (415) 579-3021 Ext. 120 / [certificate@ramsinc.org](mailto:certificate@ramsinc.org)**